Curvelles it only takes a little

INTRODUCTION

The CurvalT is a device used for homemonitoring spine exercises based on the McKenzie method. It has been developed within an EGPR (European Global Product Realisation) project on which a group of students from different European universities collaborated with the help of the Evalan company from the Netherlands.

THE McKENZIE METHOD

The McKenzie method is an overall program of assessment, treatment and prevention strategies based on a set of exercises which patients suffering from backache can do on their own at home. The treatment or management strategies follow a proven and established path.







Evalan







